



Trainingsgruppen- und Bahnbelegungsplan

Gruppe	Montag	Dienstag	Donnerstag	Freitag	Sonntag
Eltern & Kind - Schwimmen			16:00 - 16:45 Uhr kl. Becken Andrea		
Seepferdchen		17:00 - 17:45 Uhr kl. Becken	16:45 - 17:30 Uhr B 1 + kl. B.		
Anfängerschwimmen		18:00 - 18:45 Uhr kl. Becken Andrea/Sven	17:45 - 18:30 Uhr kl. Becken Andrea/Sven		
Nemo		16:15 - 17:00 Uhr 3 + 4 Petra (Simon)			
Kaulquappen		17:00 - 17:45 4 Sandra (Tobias)		16:30 - 17:15 Uhr 1 Sandra (Tobias)	
Frösche		17:00 - 17:45 3 Katrin + Anna		17:15 - 18:15 Uhr 1 Sandra (Tobias)	
Kleine Haie			16:30 - 17:30 Uhr 2 - 4 Petra (Jannes, Leah)		
Robben			17:30 - 18:30 Uhr 3 + 4 Tobias + Jooris		
Seesterne				18:15 - 19:00 Uhr 2 + 3 Sandra	
Seelöwen		16:30 - 17:30 1 + 2 Leah + Jannes			
Mantas			17:30 - 18:30 Uhr 1 + 2 Leah + Jannes		
Delfine		17:30 - 18:30 Uhr 1 + 2 Sara (Maren)		16:30 - 17:30 Uhr 2 + 3 Sara (Maren)	
Kids-Cup-Kids		17:45 - 18:30 Uhr 3 + 4 Sandra (Katrin)		17:30 - 18:15 Uhr 2 + 3 Sandra (Katrin)	
Piranhas		18:30 - 19:30 Uhr 3 + 4 Jooris	18:30 - 19:30 Uhr 3 + 4 Jooris		
Wettkampfmannschaft	17:30 - 19:00 Uhr 1 + 2 Alexandra	18:30 - 20:00 Uhr 1 + 2 Alexandra + Lea	18:30 - 20:00 Uhr 1 + 2 Lea		
Junior-TOP-Team	19:00 - 20:30 Uhr 1 + 2 Justin + Roman	19:30 - (21:30) Uhr 3 + 4 Justin + Roman	19:30 - (21:30) Uhr 3 + 4 Justin + Roman		10:00 - 12:00 Uhr 1 Petra
Aquafitness			18:30 - 19:30 Uhr kl. Becken Daniela		
Wassergymnastik		20:00 - 21:30 Uhr kl. Becken Eveline, Claudia, Ina		18:15 - 19:00 Uhr 1 Sandra	
Breitensport Erwachsene	20:30 - 21:30 Uhr 1 + 2 Kai	20:30 - 21:30 Uhr 3 + 4 Jooris	20:00 - 21:30 Uhr 1 + 2 Jooris	18:15 - 19:00 Uhr 1 Sandra	
Masters		(19:30) - 21:30 Uhr 1 + 2 Sara	(19:30) - 21:30 Uhr 3 + 4 Sara		10:00 - 12:00 Uhr 1 Petra



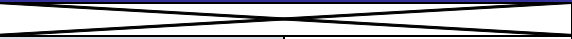
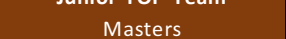
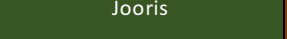
Bahnbelegung Montag

		4	3	2	1	Nichtschwimmer	Gesamtleitung
16:00	16:15						
16:15	16:30						
16:30	16:45						
16:45	17:00						
17:00	17:15						Alexandra
17:15	17:30						
17:30	17:45						
17:45	18:00						
18:00	18:15						
18:15	18:30						
18:30	18:45						
18:45	19:00						
19:00	19:15						
19:15	19:30						
19:30	19:45						
19:45	20:00						
20:00	20:15						
20:15	20:30						
20:30	20:45						
20:45	21:00						
21:00	21:15						
21:15	21:30						

gültig ab 28.08.2025



Bahnbelegung Dienstag

		4	3	2	1	Nichtschwimmer	Gesamtleitung		
16:00	16:15								
16:15	16:30						Nemo Petra (Simon)	Seelöwen Leah + Jannes	Petra
16:30	16:45								
16:45	17:00								
17:00	17:15	Kaulquappen Sandra (Tobias)	Frösche Katrin + Anna	Sandra	Seepferdchen Andrea & Sven (Claudia, Kai, Konstantin, Lilli, Nele, Petra)				
17:15	17:30								
17:30	17:45	Kids-Cup-Kids Sandra (Katrin)	Delfine Sara (Maren)			Anfängerschwimmen Andrea & Sven (Claudia, Kai, Konstantin, Lilli, Nele, Petra)			
17:45	18:00								
18:00	18:15	Piranhas Jooris	Wettkampfmannschaft Alex & Lea	Alexandra & Lea					
18:15	18:30								
18:30	18:45								
18:45	19:00								
19:00	19:15	Junior-TOP-Team Justin + Roman	Junior-TOP-Team Masters Roman, Sara	Sara	Wassergymnastik Claudia, Eveline, Ina				
19:15	19:30								
19:30	19:45								
19:45	20:00								
20:00	20:15	Breitensport Erwachsene Jooris							
20:15	20:30								
20:30	20:45								
20:45	21:00								
21:00	21:15								
21:15	21:30								

gültig ab 28.08.2025

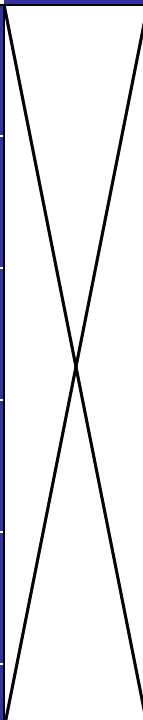
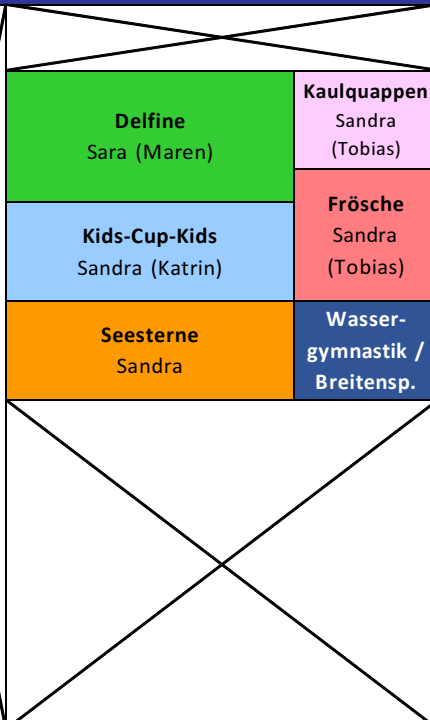
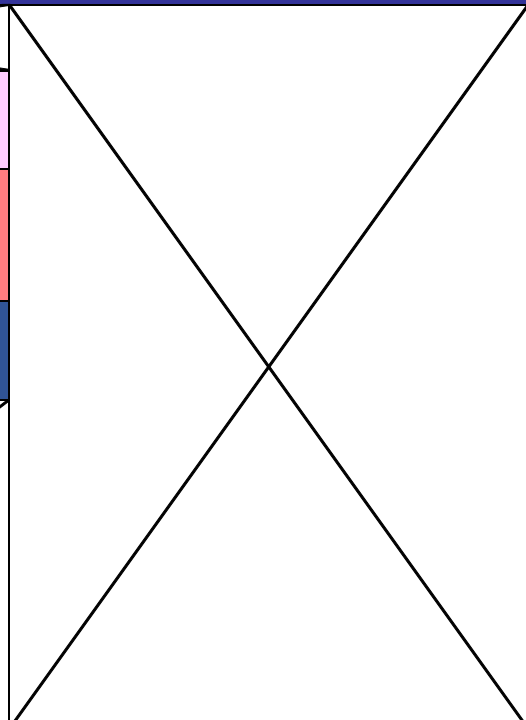
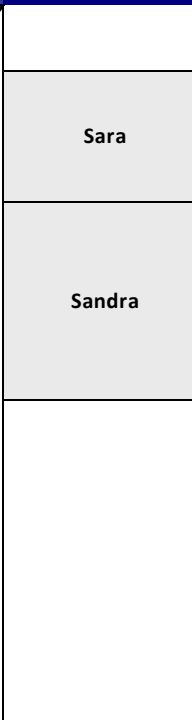
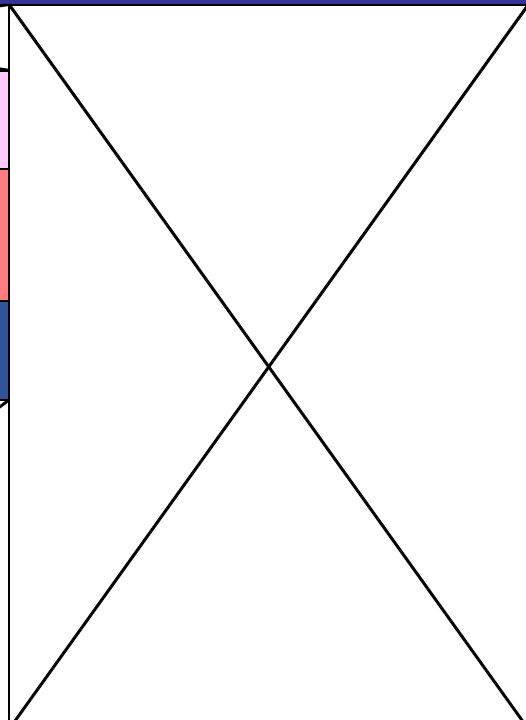
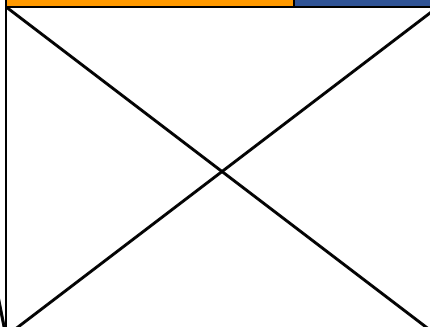
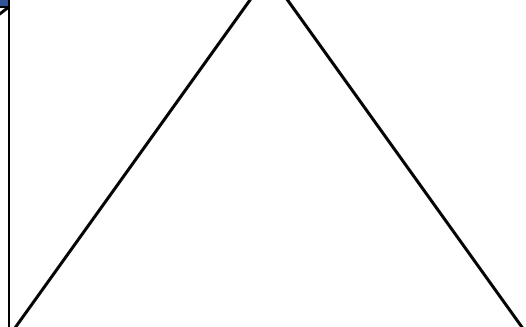
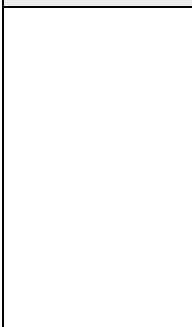
Bahnbelegung Donnerstag

		4	3	2	1	Nichtschwimmer	Gesamtleitung
16:00	16:15					Eltern & Kind - Schwimmen Andrea	Petra
16:15	16:30						
16:30	16:45	Kleine Haie Petra (Jannes, Leah)		Seepferdchen Andrea & Sven (Claudia, Kai, Lilli, Nele, Tobias)			
16:45	17:00						
17:00	17:15	Robben Tobias + Jooris		Mantas Leah + Jannes		Anfängerschwimmen Andrea & Sven (Claudia, Kai, Lilli, Nele)	
17:15	17:30						
17:30	17:45						
17:45	18:00						
18:00	18:15	Piranhas Jooris		Wettkampfmannschaft Lea		Aquafitness Daniela	
18:15	18:30						
18:30	18:45						
18:45	19:00						
19:00	19:15	Junior-TOP-Team Masters Justin, Roman, Sara		Breitensport Erwachsene Jooris			
19:15	19:30						
19:30	19:45						
19:45	20:00						
20:00	20:15						
20:15	20:30					Lea	
20:30	20:45						
20:45	21:00						
21:00	21:15						
21:15	21:30					Sara	

gültig ab 28.08.2025



Bahnbelegung Freitag

		4	3	2	1	Nichtschwimmer	Gesamtleitung			
16:00	16:15									
16:15	16:30									
16:30	16:45						Delfine Sara (Maren)	Kaulquappen Sandra (Tobias)	Sara	
16:45	17:00									
17:00	17:15						Kids-Cup-Kids Sandra (Katrin)	Frösche Sandra (Tobias)	Sandra	
17:15	17:30									
17:30	17:45									
17:45	18:00									
18:00	18:15						Seesterne Sandra	Wasser- gymnastik / Breitensp.		
18:15	18:30									
18:30	18:45									
18:45	19:00									
19:00	19:15									
19:15	19:30									
19:30	19:45									
19:45	20:00									
20:00	20:15									
20:15	20:30									
20:30	20:45									
20:45	21:00									
21:00	21:15									
21:15	21:30									

gültig ab 28.08.2025

Bahnbelegung Sonntag

		4	3	2	1	Nichtschwimmer	Gesamtleitung
09:00	09:15						
09:15	09:30						
09:30	09:45						
09:45	10:00						
10:00	10:15	Sonder- training	Junior-Top- Team Masters Petra			Petra	
10:15	10:30						
10:30	10:45						
10:45	11:00						
11:00	11:15						
11:15	11:30						
11:30	11:45						
11:45	12:00						
12:00	12:15						
12:15	12:30						
12:30	12:45						
12:45	13:00						
13:00	13:15						
13:15	13:30						
13:30	13:45						
13:45	14:00						
14:00	14:15						
14:15	14:30						

gültig ab 28.08.2025